

Summer 2024

## Dear MB Camp Parents and Guardians:

Thank you for registering for our flag football camp. We look forward to seeing you on July 29th at 8:30am. Camp ends at 12 p.m.

Athletes should arrive in comfortable athletic attire including, t-shirts, shorts, and sneakers. Please do not forget to pack a refillable water bottle or a sports drink to stay hydrated during the camp and a nut-free snack or two. A mouth guard and cleats are recommended but not mandatory. If your child brings a football to the camp, please put their name on it to prevent any mix ups. Please apply sunscreen at home as well as packing some to reapply at camp. We do ask that campers leave all valuables at home as we cannot take responsibility for lost items.

See you on the field soon!

Best,

Coach Lorenzo Perry gamedayfitnessri@gmail.com